**Indkøbsseddel til madkundskab**

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| **Skabene/kolonial** | **Kølevarer** | **Mejeri & ost** | **Frostvarer** |
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| **Fisk** | **Kød og pålæg** | **Grøntsager** | **Frugt** |
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| **Diverse** | **Friske krydderurter** |  |  |
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